
Wellness Reformation Menu

Thursday

Dinner

Creamy Tomato Basil Soup
Veggie Burger Bar
(lettuce, tomatoes, onions, pickles, etc)
Wacky Brownie

Friday

Breakfast

Hot/Cold Cereal Bar
Belgian Waffles
(strawberries, bananas, syrup, etc)
Fresh Fruit

Lunch

Haystack (Nacho Supreme)
Cookie

Dinner

Wild Mushroom and Barley Soup
Hummus
Pita Bread
(sprouts, olives, tomatoes, onions, etc)
Cobbler

Sabbath

Breakfast

Tofu Scramble
Hash Brown Potatoes
Whole Wheat Toast
Fresh Fruit

Lunch

Vegan Stroganoff
Steamed Brown Rice
Steamed Broccoli
French Bread Sticks
Baked Apples

Dinner

Vegan Chili
Vegan Hot Dogs
Cut Vegetables
Multigrain Chips
Cookie/Brownie

Sunday

Breakfast

Hot/Cold Cereal Bar
Fresh Fruit



OYC has taken steps to ensure that no animal products are present in any ingredient, including dairy and egg. All meals are served as all-you-can-eat. Please do NOT take food out of the dining hall. Menu is subject to change without notice.